

CANDELLA'S FARM HARVEST BOX 2023

Candella's Farm River Road, Marcy, NY is offering the <u>Harvest Box</u> program again for 2023 - local farm fresh homegrown vegetables and produce all Summer long. Candella's Farm Harvest Box is what others call a Community Supported Agriculture Program (CSA). We sell what we grow! Know where your fresh homegrown produce comes from; Candella's Farm grows and picks produce fresh daily!

WHY YOU SHOULD JOIN CANDELLA'S FARM HARVEST BOX PROGRAM: Candella's Farm has been growing for the community for over 120 years! **BUY LOCAL, EAT FRESH** at the same time. We will also help you stock up with easy freezing and canning tips. Take advantage of a large Harvest Box and Candella's Farm will fill your box with extra produce in late August and September when the fields are bursting with peppers, tomatoes, eggplant & more to fill your freezer and help you can for winter. Candella's Farm Harvest Box makes a great gift too or share a large box with family.

Our Harvest Box allows you and your family to be adventurous in the kitchen! Try different recipes from such as ratatouille – a mixture of vegetables as a "stew" or try grilled corn. We will help you with weekly recipes. We also bring ideas even for canning and freezing. Our favorite fresh vegetable ideas to share are those from our Grandparents Candella who stated Candella's Farm close to 120 years ago!

THE COST OF THE 2023 HARVEST BOX-

We offer two size "box" options - a \$259 regular size box great for a family of 3-4 or a large box for \$399 great for a family of 5-6.

WHAT IS IN YOUR HARVEST BOX:

What is in the box will depend on what is coming out of the field that! Throughout the harvest season:

- A typical regular box during the summer can include fresh greens, tomatoes, cucumbers, bell peppers, eggplant, zucchini, summer squash, hot peppers, beans. This is an example it will depend on what is in harvest at time of the box being prepared.
- A typical Large Box during the summer can include what is in the regular box listed above PLUS extra eggplant, grape tomatoes, hot cherry peppers, sweet frying peppers, corn, beans, blueberries (all when in season). Once we get into full harvest usually late August and through September …large boxes you will see A LOT of extra produce as we have excess coming out of the field and we will help you fill your freezer. Large boxes are great to help you fill your freezer.
- We do not promise or guarantee specific items.
- We will give weekly recipes and freezing tips. Many participants find they have excess that they like to freeze for winter especially the large boxes. It will depend on what is peaking as a crop that week from the fields.

You will find all the wonderful summer basics grown fresh at Candella's Farm, plus we will include items like crisp sweet fresh pickles, golden zucchini, cousa, new varieties of peppers and winter squash in September.

MAKING IT EASY:

We will give recipes/ instructions on how to freeze & can the items you get. This is a great way to fill your freezer for the winter! With this program we fill the box with what is in peak production at Candella's Farm.

HOW TO SIGN UP:

Sign-ups will take place April to June 12th. You can pay in full or do an initial deposit of half the box price with the full amount due by July 2. You will need to select a pick-up date of Saturday or Tuesday (see sign-up sheet); you are required to stick with your pick-up day.

PAYMENT & PAYMENT OPTIONS: Make your payment when you sign up. We are offering a payment option – making two payments – first payment of 50% of the cost at sign-up making your deposit THEN the remaining balance will be due no later than July 2nd before the start of the program.

JOIN NOW BEFORE CUT OFF DATE: Join Candella's Harvest Box program that will run from mid-July to late September. Sign up forms and payment need to be completed by June 12th.

We will stop sign ups to the 2023 Harvest Produce Box program when we reach our maximum number of participants; so, do not wait. We will begin the week of July 18th and will run through Sept 23rd. We will also be offering a swap week for an opportunity to do U-Pick berries. Like last year's Strawberry Picking Swap, we will give prior notice via email of the opportunity to swap out a specific week to come fill up a basket of sweet strawberries. Last year we offered Harvest Box participants to come and pick in a new Strawberry patch, a patch we opened just for members who participated. The response from the pickers was great – easy picking, very short time to fill their bucket and the berries were delicious. The week being swapped will be identified at that time and we give you the option to participate in the swap when we email. Participating in the swap is optional.

No refunds once you sign up. Everyone who signs up acknowledges due to the inherent risks of farming, there are no guarantees on the specific produce that they will receive due to weather extremes, insects, and/or other production factors. We have safe food handling procedures in place to protect the produce; from harvesting, to washing & packing to distribution.

Any questions please send email to <u>info@candellasfarm.com</u>. We look forward to the 2023 growing season at Candella's Farm. Thank you from the Candella Family!